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Abstract of the Disclosure

The present invention comprises a disposable hygiene device with a toilet seat with a top and bottom surfaces, where the toilet seat folds for storage before or after use. A receptacle is attached to the bottom surface of the toilet seat. After use, an adhesive on the top surface of the toilet seat is exposed by the removal of a protective layer. The toilet seat may then be folded onto itself to seal the hygiene device for easy disposal. The toilet seat may also include handles or an extension to ease proper orientation and use of the disposable hygiene device. The present invention also includes hygiene stations, preferably portable, that may be used with the disposable hygiene device, hygiene stations that include rotatable, extendable and height adjustable bathroom fixtures, and hygiene stations have a common connection point for inputs and outputs.